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## Less than half the picture: **How A Federal Election Could Affect Brooklin**

#### By Richard Bercuson

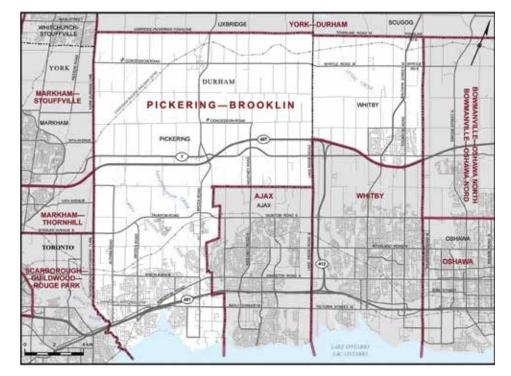
It's now known that Brooklin will join the city of Pickering in the next federal election as the new riding of Pickering-Brooklin.

Brooklin is being forced into a marriage with a city that shares Lake Ridge Road north of the 407 and nothing else. The new relationship is not likely to be of much help to this community. Nevertheless, there could be a

significant ripple effect from the looming federal election.

Here's why.

Last summer, Regional Councillor Steve Yamada won the federal conservative party's Whitby nomination. In other words, should he win the new (smaller) riding, he would need to resign from council. According to Kevin Narraway, Sr. Manager, Legislative Services/ Deputy Clerk, "The Member may



resign from Council at anytime, however they would be deemed to have resigned when they are sworn in as a Member of Parliament."

Let's travel further down the road of Yamada winning the Whitby federal riding. He resigns from council and thus his position comes open. Council can fill the vacancy either through a byelection or by appointment. The options then would be:

· Council votes to hold a byelection for his regional position. This would be a Whitby-wide election. The by-election would be under the following conditions:

If Council decides to hold a byelection, a by-election would occur after Council passes a bylaw indicating a by-election is required. A by-law for a by-election must be adopted within 60 days after the office for a Member is declared vacant (should Council decide to hold a by-election). The declaration for a vacancy must occur at the next Council meeting after the Member resigns. The Clerk then sets a nomination day not less than 30 days and not more than 60 days after the date the by-law is adopted. Then, voting day is set 45 days after the set nomination day.

· Or, Council votes to appoint someone to Yamada's regional seat. This person could be a ward councillor or someone from the community. If the latter, an eligible person is someone entitled to be an elector and is not disqualified from holding office.

Employees of the municipality, judges, persons who aren't Canadian citizens, or persons who aren't residents or the owner or tenant of land in the Town. or the spouse of an owner or tenant of land in the Town, are not permitted to be appointed.

Council could also choose to appoint one of the four ward councillors to Yamada's regional spot. Of the four ward councillors, North Ward's Steve Lee is the most experienced and is the official alternative at regional council should a Whitby regional councillor be absent. Whether or not he'd want the new position is another matter. Still, if he chose to take on the new role and if council supports it. Council is back to the same choice: A by-election or an appointment of a North Ward councillor.

But, if Councillor Yamada loses in the federal election, nothing changes except for Brooklin getting a new MP to share.







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## 1201 Dundas St. East, Whitby



his

teenage years, as was the case for Roy James Delong, Brooklin's last licensed tinsmith. Delong

apprenticed at Pedlar Products,

a manufacturing company in Oshawa known for producing tin products for the building and construction industries. Over the

course of several years, he honed

his skills until he was able to work

completing

apprenticeship, Delong set up a

shop in a building he purchased

from the Brooklin train station.

When the 'Nip and Tuck' railway

line was abandoned in 1941, he

moved the building to his property

at 150 Baldwin Street North. There

he produced tin roofing sheets

for residential and agricultural

buildings. His work also included

independently.

Various goods

After



## The Last Tinsmith

By Jennifer Hudgins



century, many tradespeople began their careers through open apprenticeships. This type of vocational training involved

19th

learning a trade directly from an experienced master tradesperson.

For some apprentices, this journey often began in their

## What You Need To Know This Week In Whitby



#### Have Your Say On Three Whitby Playground Renovations

Three Whitby parks are getting a makeover and we need your input!

Take a survey by January 28 to let us know what style of new playground equipment you would like at College Downs, 549 Reynolds Street; Sato Park, 38 Sato Street; and Vipond Park, 100 Vipond Road. Scan the QR code or visit connectwhitby.ca/Parks to have your say.



#### We Are Hiring 55+ Instructors

Whitby 55+ Recreation is looking for fitness, line dance, and arts instructors. Instructors must have experience teaching older adults and be certified. View the QR code to meet Recreation Coordinator Sheri and learn more. Send your resume to 55plus@whitby.ca



#### Help Shape Public Art On Thickson Road

New public art is coming to Thickson Road, between Dundas Street and Nichol Avenue. The goal is to beautify the area and strengthen the identity of this key gateway into Whitby. This new art is part of the Town's broader placemaking initiative





making decorative and functional tin shingles for weather-resistant roofs, gutters and flashings, chimney linings, stovepipes, chimney caps, ductwork and

vents, embossed ceiling panels, and decorative trim such as cornices and moldings for both interior and exterior use. He also provided tin sheets to his older brother, Clifford Delong, a house painter and artist, for use in some of his oil paintings.

Several tinsmiths worked in Brooklin before Delong. These include Richard Brennan, who operated a tin and sheet metal shop on Baldwin Street in the late 19th century; James Griffith, who served the local farming community with tinware and stove repairs in the mid-1800s; George Leith, who had a shop in the downtown area in the late 1800s; and John McFerson, active in 1880. Other tinsmiths include Albert Mills, Frank Robinson, and John Samuel Jephson, who owned the hardware store at 47 Baldwin Street.

#### Local roots

Delong was born into a family deeply rooted in Brooklin, dating back to as early as 1836 with James A Delong. His father, John, to work in restoration, art, and born in 1861, married Jessie specialized metal fabrication, Colby in 1904, and together they often focusing on heritage and established their homestead on traditional techniques.

the Baldwin Street property. Their sons, Clifford, born in 1905, and Roy, born in 1908, grew

#### up there.

In 1933, Roy met Reta Whitney, who had moved to Brooklin from Uxbridge to be a childcare provider for this author's father, Eugene Bailey. The Baileys lived in a house across the road on Baldwin Street. Roy and Reta married in 1934 and their son, William (Bill) was born in 1936. Tragically, Bill passed away at the age of 26, leaving behind his wife, Joan, and three young children, Patsy, Gary, and David. The couple were active members of the Brooklin branch of the Independent Order of Odd Fellows (IOOF) known as Beethoven Lodge #165 and Rebekahs, located at 42 Bagot Street. Both are interred at Groveside Cemetery with their son Bill.

Due to the changes in manufacturing and construction practices the tinsmithing trade in Brooklin came to an end, though throughout North America the trade hasn't entirely disappeared. It has become a niche profession, with some tinsmiths continuing

and funding approved by Council in 2022 and does not impact the 2025 Budget. A jury has shortlisted three art design proposals for community input - and we want to know what you think! Watch videos and complete a short survey by January 31 to have your say at connectwhitby.ca/ThicksonArt

#### **Reporting An Issue This Winter**

Has it stopped snowing and you've noticed snow or icy conditions on roads, sidewalks, or trails after we've been through? Tell us about it! Use our online reporting form to report your concern at any time. Scan the QR code or visit whitby.ca/Snow



P: 905-430-4300 E: info@whitby.ca whitby.ca





What the tinshop looks like today.

## **Brooklin Village Jr Vball Teams Reach Region Final 4**





#### Boys Team in the Final

*By Saesan Amirthalingam (aka. Mr. A)* The Brooklin Village Public School Junior Boys Volleyball team made waves in the local sports community by clinching the Area Championship and advancing to the finals for the Durham Regionals. This remarkable achievement has brought pride and excitement to students, staff, and families at Brooklin Village.

"It's been such a privilege to coach this group of students," said coaches Mr. Manning and Mr. Amirthalingam. "They've worked so hard all season, and their determination has paid off. Making it to the regional finals is a huge accomplishment, and we couldn't be prouder."

As the team members reflect on their success, they're already looking ahead to next season with a renewed sense of confidence and resilience. For now, the Bulldogs have proven that with teamwork and determination, they can achieve their lofty goals.

Congratulations to the Brooklin Village Bulldogs for an unforgettable season!

In the photo: Back row, left to right: Mr. Amirthalingam, Jackson R, Logan R, Finn M, Dylan D, Kaushal N, Ehan B, Mr. Manning Front row, left to right: Khushal N, Carter M, Finn M, Tyler M, Mason M, Rory M

## **Girls Team in Final Four**

By Sandra Simpson

This year, we are incredibly proud of our junior girls volleyball team at Brooklin Village Public school! The Junior Girls Volleyball Team served up an unforgettable season, spiking their way into the hearts of everyone and earning a spot among Durham's Final Four. After rallying fiercely, they narrowly missed victory! Great job, girls! We are so proud of everything you set out to do!

#### In the photo:

Back row left to right : Coach S. Simpson, Lyla M, Lyla R, Maya K, Kenzie J, Rachel F, Leah S, Bree J, Maeve H, Coach S. Clubine, Coach S. Shepperdson Middle row left to right: Marika H, Lauren N, Ava W, Ariella K, Elli M Front row left to right: Mila S, Stella P

Sandra Simpson and Saesan Amirthalingam are teacher/ coaches at Brooklin Village School



## **In Memoriam: Sheree Nicholson**

Town Crier columnist Sheree Nicholson passed away on Jan. 17, age 64, after a long battle with cancer. She had written the column "Plant-based Eating" for a few years but stopped submitting the column last summer when a new round of chemo began.

Her enthusiasm about eating plantbased foods came across loud and clear in each column, even declaring that tofu tasted good. She would end each column with "Sheree's Hack," a few additional words of advice for food preparation. She was an avid runner and yoga teacher, owner of the Live with Spirit yoga and fitness studio in Whitby. In 2023, Sheree authored *Simple Ways with Sheree: 100 Simple Ways to Find Happiness, Connection and Silence in your Everyday Life* which is available on Amazon.

We at the BTC send our condolences to her family.

Her official obituary can be found at: https://www.echovita.com/ca/ obituaries/on/bowmanville/shereeelisabeth-nicholson-19191224



## Brooklin Bafflers: by Liz Lowe





- 20 Temporarily
- **23** Dentist's direction
- 24 High points
- 25 Hound
- **28** Arrangement holder
- 30 À la mode
- **31** Nickels and dimes
- **33** An end to sex?
- 36 MSc
- **40** Grove Village, III.
- 41 Blood line
- 42 Flight data, briefly43 Brought into play
- 43 Brought into play44 Pounds
- 46 Brouhaha
- **49** Japanese: secondgeneration

- 9 Allocate, with "out"
- 10 Each
- 11 Casual attire
- 12 Go on and on
- 13 Squeals
- 21 Popular fruit drink
- 22 Operatic villains, often
- 25 #1 spot
- 26 Indian dish made with stewed legumes
- 27 Data holder
- 28 MasterCard alternative
- 29 Mandela's org.
- **31** 128 cubic feet
- 32 "How \_\_\_\_ Has the Banshee Cried" (Thomas Moore poem) "What's gotten \_\_\_\_ 33 \_ you?" 34 Fink 35 Bungle, with "up" Chart holder 37 38 v. Wade 39 Strangeness Anxiety 43 44 fly "If only \_ 45 \_\_\_ listened …" 46 Blind parts 47 Cerium oxide 48 Boot 49 The basic unit of money in Nigeria Do-nothing 50 Put up, as a picture 52 Bibliog. space saver 53 54 Departure

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#### Across

- 1 Come down hard
- 5 Crosswise, on deck
- 10 Annexes
- 14 European tongue
- 15 Glasgow's river
- **16** Persian spirit
- 17 Bottom of the barrel
- **18** 200 milligrams
- 19 Knowing, as a secret

- **51** The quality of being prudent and sensible
- 57 Mozart's "Il mio tesoro," e.g.
- 58 Inclined
- 59 Final, e.g.
- 60 Nervous twitches
- 61 Nostrils
- 62 \_\_\_\_ function
- 63 Fill
- 64 Dirty look
- 65 Hasenpfeffer, e.g.

#### Down

1

2

- III-gotten gains
- O's (Post cereal)
- 3 Computer operator
- 4 Prevent
- 5 Highlight
- 6 Cries plaintively
- 7 High nest: Var.
- 8 Comic Sandler
- 55 All there
- 56 Old World duck



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## **GSM Medspa**

Pamela Lazakis, RN, CEO, and founder of GSM MedSpa, has dedicated her career to excellence in patient care and medical innovation. Beginning as a neurosurgical nurse at University Health Network in 1993, Pamela quickly established herself as a highly skilled professional, contributing to groundbreaking advancements such as the globally recognized CODE Stroke initiative.

Over her 32-year career—16 of which have been devoted to medical aesthetics she has worked alongside leading experts in stroke care, plastic surgery, and aesthetic medicine, developing a deep understanding of both surgical and nonsurgical approaches to enhancing patient well-being.

As a devoted wife, mother of three, and active community member, Pamela brings a personal touch to her professional endeavors. Her passion for medical aesthetics was ignited early in her career while assisting plastic surgeons with intricate microsurgeries. This hands-on experience inspired her to explore minimally invasive aesthetic treatments, where she discovered her true calling.

Today, Pamela is a respected educator, serving as a (PACE) Prollenium Advanced Clinical Educator for Prollenium Medical Technologies. In this role, she mentors doctors and nurses in advanced dermal filler techniques, sharing her expertise to elevate the standards of care across the industry. Prollenium Medical Technologies, headquartered in Markham, Ontario, is Canada's leading provider and manufacturer of dermal fillers. Renowned for their innovative, science-backed products, Prollenium has revolutionized the aesthetics industry with their commitment to safety, quality, and natural-looking results. As the creators of the Revanesse® line of hyaluronic acid fillers, Prollenium continues to set the standard in medical aesthetics, earning global recognition for their cuttingedge advancements and dedication to excellence.



practitioners, continuously refining her techniques and staying at the forefront of aesthetic medicine. This dedication allows her to bring cutting-edge, science-based treatments to the Durham Region, ensuring her patients receive the highest level of care.

For over a decade, Pamela has been the driving force behind GSM MedSpa, located at 109- 17 Baldwin St. N. in Brooklin. Under her leadership, the clinic has become a trusted destination for individuals seeking personalized, natural-looking aesthetic results. Her state-of-the-art facility offers a comprehensive range of services, including injectables, medical-grade skincare, laser therapies, microneedling, chemical peels, PRP/PRF treatments, vitamin drips, medically supervised weight management, and rapid-access dermatology.

With her unwavering commitment to innovation, patient-centered care, and community impact, Pamela has not only transformed the landscape of medical aesthetics in Durham Region but has also set a gold standard for the industry at large. In every aspect of her practice, Pamela combines her extensive expertise with a deeply personal approach,





Pamela's commitment to ongoing education sets her apart as a leader in the field. She has trained with world-renowned prioritizing each patient's unique needs and safety. Renowned for her ability to work closely with clients, she ensures their goals are met while enhancing beauty natural their with integrity and care. Pamela's commitment to providing safe, ethical, and personalized treatments has solidified her reputation as a trusted leader in the field of medical aesthetics.

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#### **Brooklin Family Matters:** by Leanne Brown

## Helping Teens Manage Exam Stress



watched ľve my teenage daughter deal with exam stress a few times and it's stressful for everyone. But I've learned also some

strategies that seem to help manage the craziness, and my stress, too.

Here's what's worked for us and hopefully, it'll help you as well.

Create a Study Schedule - One of the first things I did to help her was create a study schedule. While it sometimes felt like we were planning a mission to Mars, once we broke everything

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down into manageable chunks, it became much easier. We also made room for flexibility, because life happens, especially when social media calls.

Encourage Physical Activity -When she spends too much time studying instead of moving, it's like watching a battery run out of power. She first panicked over not having time to take a break until she realized that attending hockey practice actually helped recharge her brain. Then she was all in.

Ensure Enough Sleep - I learned this the hard way in university: cramming doesn't really work. So, no more late-night cramming. Sleep is vital and I make sure my teen gets enough hours during exam season. Her wellrested brain works better, so I encourage her to put the books down early and get a solid night's sleep.

Promote Healthy Eating and Hydration - I noticed a difference when she swapped junk food for healthy snacks. Fruits, nuts, and water help maintain her energy and focus levels. Caffeine and sugar, however, make stress Limit Distractions - Social worse. Hydration is the key. More water and drop the pop!

Reinforce Positive Self-Talk -Stress brings out her "I can't do this" voic. I've learned to step in and remind her of past successes, like that 98% she got on a previous quiz. Replacing negative thoughts with "I've got this" works wonders. She needs that confidence boost more than she realizes.

Encourage Regular Breaks - Long study sessions lead to burnout, so we follow the "study, snack, chat" routine. Every 25 minutes, my daughter takes a five-minute break. It helps her stay focused and keeps stress at bay. During these breaks, she grabs a snack, plays with the dog or chats with friends.

**Clutter = Chaos** - To keep stress levels low, we created a tidy study space. We get out of the messy bedroom and head to the office where everything she needs is right there. No more searching for pens or textbooks. A clean space means a somewhat clearer mind.

Be There to Listen - Sometimes all they need is to vent. Whether it's frustration with a test, teacher, or just exam anxiety, I listen. No advice required. Offering a supportive ear helps her relax.

media distractions are real, so I encourage her to put the phone away. It reappears at breaks...and that's okay.

Over time, my daughter has learned to manage stress better and perform well during exams. It's not always perfect and I'm still a work in progress myself. But with the right help, they can tackle the stress and succeed.

### Youth vacancy on **Durham Committee**

The Durham Environment Climate Advisory & Committee (DECAC) is seeking a youth member to join the committee and help shape the future of environmental and climate action in Durham Region. If you are a high school student passionate about the environment and climate change, this is your chance to make a difference!

Review the eligibility criteria and application instructions at durham.ca/ committees.



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